



Hike Cabrillo National Monument

If you love trekking, checking out nature, beautiful views and history, Cabrillo National Monument is a must! To catch the best views of Downtown San Diego, spend the day hiking around one of California's National Monuments. The sounds of ships tooting their horns, the encounters with wild life and the smell of salty air will captivate any traveler discovering this park. Be wary, if it's a sunny day there is not a lot of shade around the park. Dress accordingly!

Spring time – good time to check out the wildflowers.

January – March is the best time to check out the Grey Whale migration (mid Jan is peak season)

Here are some MUST'S when checking out Cabrillo National Monument:

1. Bayside Trail – 1.8 miles (2.9 km) closes at 4PM (16:00) About an hour walk in total if stopping to check out views and read nature plaques. 300 ft. (91 meter) elevation.
 - a. No bus 84 on weekends, have to Lyft. IF you Lyft you have to pay \$5 to enter the park. With bus 84 it's free. Catch bus 84 from Shelter Island. To get to Shelter Island you can catch the 28 from the Old Town Station. Tip: Lyft. It cuts the time down immensely. (Lyft: 25 min. Bus: 1 hr.)
2. Tide Pools – Recommended to take a car down to the tide pool area. You can hike down it but it's a steep mile down and back up. Best to go at low tide. You can see sea anemones, starfish, crabs, limpets, and dead man's fingers (no they aren't real fingers but in fact thin tube-like seaweed).
3. Cabrillo Monument – Juan Rodriguez Cabrillo led the first exploration to check out the West Coast of the United States. Here, a statue is erected

in his honor. On a clear day, Mexico can be seen from behind this statue!

4. Old Point Loma Lighthouse
5. Visitors Center